

Tidsskjema

Start Klasse Antall Beskrivelse / Sted

100 m

12:45:00	J-15	7	
12:45:00	J-16	2	
12:45:00	J-17	1	
12:55:00	G-15	4	
12:55:00	G-16	5	
12:55:00	G-17	2	
13:00:00	G-18-19	4	
13:05:00	J-18/19		

1000m stafett

15:30:00	G 13-14		
15:30:00	J 13-14		
16:00:00	G 15-19		
16:00:00	J 15-19		

300 m hekk

13:35:00	J-15	1	76,2 35m
13:35:00	J-16	3	76,2 35m
13:40:00	G-15	2	76,2 35m
13:40:00	G-16		84,0 35m
13:40:00	G-17		84,0 35m

400 m hekk

13:50:00	G-18/19	1	
13:50:00	J-18/19		

Start Klasse Antall Info 1

60 m

11:20:00	J-12	4	
11:35:00	J-13	6	
11:45:00	G-11	11	
11:50:00	G-14	5	
12:10:00	G-12	9	
12:15:00	J-14	4	
12:25:00	G-13	8	
12:35:00	J-11	4	

600 m

14:00:00	G-11	6	
14:05:00	G-12	10	
14:10:00	G-13	10	
14:15:00	J-11	5	
14:15:00	J-12	4	
14:20:00	J-13	5	

800 m

14:30:00	G-14	4	
14:30:00	G-15	1	
14:35:00	G-16	4	
14:35:00	G-17	1	
14:35:00	G-18-19	3	
14:40:00	J-14	2	
14:40:00	J-15	1	
14:40:00	J-16	2	

Start Klasse Antall Info 1

Høyde

10:00:00	G-11	8	
11:00:00	G-12	10	
12:15:00	G-14	4	
12:15:00	G-15	1	
12:15:00	G-16	1	
13:00:00	G-13	6	
13:35:00	G-18/19		

Kule

11:40:00	G-15	3	4,0kg
11:40:00	G-16	2	5,0kg
11:40:00	G-17	1	5,0kg
12:45:00	G-11	4	2,0kg
12:45:00	G-12	6	3,0kg
14:10:00	G-13	2	3,0kg
14:10:00	G-14	2	4,0kg
14:45:00	G-18/19		

Lengde

12:00:00	J-13	10	
13:00:00	J-11	7	
13:00:00	J-16	2	
13:30:00	J-15	6	
13:30:00	J-17		
13:30:00	J-18-19	1	
14:00:00	J-12	6	
14:00:00	J-14	2	

Tidsskjema

Start	Klasse	Antall	Beskrivelse / Sted
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Slegge

09:00:00	G-11	4	2,0kg/110cm
09:00:00	J-11	1	2,0kg/110cm
09:00:00	J-12	1	2,0kg/110cm
09:00:00	J-13	4	2,0kg/110cm
09:00:00	J-14	2	3,0kg/119,5cm
09:00:00	J-15	4	3,0kg/119,5cm
09:00:00	J-16	4	3,0kg/119,5cm
09:00:00	J-17		3,0kg/119,5cm
09:00:00	J-18-19	1	4,0kg/119,5cm
09:10:00	G-12	6	2,0kg/110cm
09:10:00	G-13	4	3,0kg/119,5cm
09:10:00	G-14	2	4,0kg/119,5cm
09:10:00	G-15	1	4,0kg/119,5cm
09:10:00	G-16		5,0kg/120,0cm
09:10:00	G-17		5,0kg/120,0cm
09:10:00	G-18/19		Greveskoge

Spyd

11:45:00	J-11	1	400gr
11:45:00	J-12	4	400gr
12:25:00	J-14	3	400gr
12:25:00	J-15	4	500gr
13:00:00	J-13	6	400gr
13:25:00	J-16	2	500gr
13:25:00	J-17	1	500gr

Start	Klasse	Antall	Info 1
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Stav

13:10:00	J-11	1	
13:10:00	J-12	2	
13:10:00	J-13		
13:10:00	J-14		

Tresteg

11:10:00	G-14	3	
11:10:00	G-16	1	
11:10:00	G-18-19	1	
11:30:00	G-12	4	
12:00:00	G-11	5	
13:30:00	G-13	5	

Start	Klasse	Antall	Info 1
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