

Tidsskjema KM Oslo & Akerhus 2025 - Fredag 12. September

	Løp	Tresteg	Slegge	Stav
	60m/hekk			
17:00	J-11 (2)		G-13 G-14 J-13 J-14 (8)	
17:05	G-11 (1)			
17:10				
17:15	J-12 (4)			
17:20				
17:25	G-12 (5)			
17:30		G-11 G-12 J-11 J-12 (7)		
17:35	J-13 (2h) (12)			
17:40				
17:45	G-13 (4)			
17:50	J-14 (3)			
17:55	80m/hekk			
18:00	J-15 J-16 (5)			
18:05				
18:10	G-14 (2)		G-11 G-12 J-11 J-12 (6)	
18:15		G-13 J-13 (7)		
18:20				
18:25	400m			
18:30	J-15 J-16 J-17 (5)			Alle klasser (13)
18:35	J-18/19 KS (2h) (7)			
18:40	G-15 G-16 (5)			
18:45	G-17 (3)			
18:50	G-18/19 (3)			
18:55				
19:00			G-15 G-18/19 MS J-15 J-17 (7)	
19:05	1500m			
19:10	G-11 G-12 G-13 (14)	G-14 G-15 G-17 J-15 J-16 (10)		
19:15				
19:20				
19:25	G-14 G-15 G-17 G-18/19 MS (12)			
19:30				
19:35				
19:40	J-11 J-12 J-13 J-14 J-15 (12)			
19:45				
19:50				
19:55				
20:00				
20:05				
20:10				
20:15				