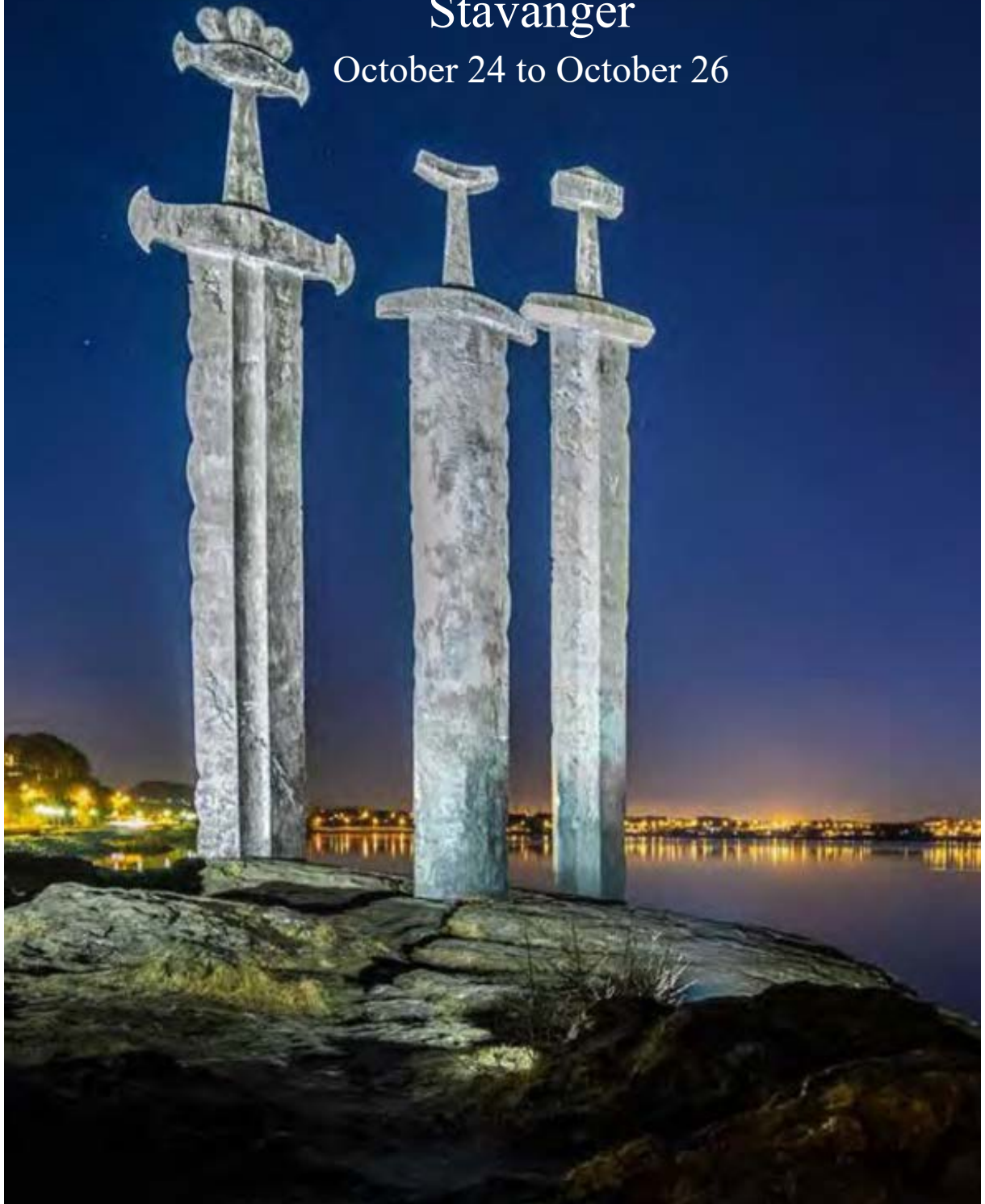


The North Sea Swim Meet 2025

Stavanger

October 24 to October 26



North Sea Swim Meet



**With the approval of the Norwegian Swimming Federation,
Stavanger Svømmeklubb hereby invites to the
52th edition of the North Sea Swim Meet in Stavanger
24 - 26 October 2025**



Stavanger Swimming Pool

The pool has 6 lanes.

It will be a short course (25m) competition, and the water temperature is 26°C/78,8°F.

Direct finals and Super finals

The meet will have both direct and super finals, with participation limited by qualification. Superfinals in all individual and relay events, except 800m freestyle, 1500m freestyle and 400m individual medley for both genders. Direct finals in those three events will take place as part of the super finale program.

A finals for each event irrespective of age group; B finals for 50m and 100m events only.

Heat limitation

The meet organizer reserves the right to change the start time for the direct finals and apply heat limitations, if necessary, to ensure good conditions for the swimmers.

800m and 1500m events are limited to two (2) heats.

Para swimmers

Super finals in the 50m events, one heat in each event irrespective of class. If heat limitations do not apply, para swimmers may swim in age class heats for non-para events. Swimmers will be ranked according to the Australian model for multi disability meets, based on relative proximity to the world record in the respective classes. This procedure applies to selection for participation and for awards. The official long course world records by 1 January 2025 will be used as the basis for the selection.

Price money and awards

Direct finals:

Medals for 1/3 of individual competitors.

Super finals and direct finals in 800m freestyle, 1500 freestyle and 400m individual medley both genders:

1st place is awarded **NOK 1 000**

2nd place is awarded **NOK 500**

3rd place is awarded **NOK 250**

In case of a tie in any race, the prize money will be shared (e.g. if there are two 1st places, then no 2nd place prize money will be awarded. The total of NOK 1 500 will be equally shared between the two winners).

Relay teams

King Harald Haarfagre Challenge trophy, 4x100m freestyle Super finals. Inspired by King Harald Haarfagre, Rogaland Swimming District would like to acknowledge the fastest teams at North Sea Swim Meet. The trophy is given to inspire and focus on common goals, development and growth in their own teams and clubs.

Medals for 1st– 3rd place.

Best female and best male swimmer

The best female and male swimmer, combined in two events will be awarded NOK 10 000 using the FINA 2024-point table.

Best junior swimmer

Best junior swimmer, regardless of gender, combined in two events using the FINA 2024-point table will be awarded a NOK 2 500.

The third-best score is used in case of a tie, then fourth and so on. Swimmers under the age of 15 are not eligible.

Awards para class

Direct finals: Medals for 1/3 of individual competitors.

Super finals:

1st place is awarded **NOK 1 000**

2nd place is awarded **NOK 500**

3rd place is awarded **NOK 250**.

Best performance in para class in direct or super final, irrespective of gender and para class, will be awarded NOK 10 000.

At least five (5) participants must participate in the competition for the prize money for the best para swimmer shall be paid. The second-best score is used in case of a tie, then third and so on. Swimmers under the age of 15 are not eligible.

Competition

Swimmers will compete in five different classes; both genders.

Women	2012 - 2011	2010 - 2009	2008 - 2007	Seniors	Para
Men	2012 - 2011	2010 - 2009	2008 - 2007	Seniors	Para

Three sessions every day:

Morning session no 1: Two oldest classes, para and relays.

Morning session no 2: Two youngest classes

Evening session no 3: Finals

Morning sessions start @9.00 during the whole competition, final starts @17.00 friday and saturday, @16.00 on sunday.

Entry fee

NOK 150,- each event start and NOK 200,- per relay. Late entries against double entry fee will be accepted, subject to heat limitations. Payment details will be sent by email as soon as the starting list is verified, wait for instructions by mail.

Payment must be received by 2400 hours on date shown in payment details received on mail after starting list are confirmed.

Entries

Entries must be received by 2400 hours, October 13th 2025.

E-mail for entries: stevne@kongstensvommerne.no All entries will be confirmed at receipt. Qualification period is 14 October 2024 - 13 October 2025. Withdrawals must be entered into livetiming.no before and no later than one hour prior to the session start. Password will be provided at the meet office on arrival. Non-Norwegian teams may submit withdrawals directly to the time manager/officials. Anyone who retires from the super finals must retire no later than 30 minutes after prelims ends.

Start lists

Start lists will be published at <https://livetiming.medley.no>

Authentication for pool access

All swimmers must have accreditation for access control.

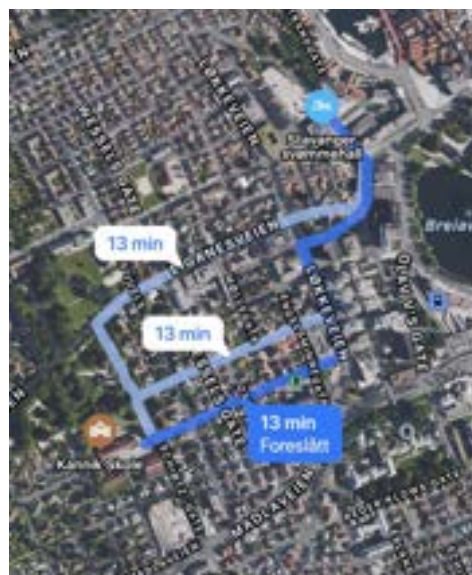
Accreditation cost is 50 NOK per swimmer, manager and coach. Everyone must be accredited. List of managers and coached must be sent in with registration email.

One representative of each team must pick up all the team's accreditation at the meet office.

No swimmers will be able to access the pool and changing area without an accreditation.

Warm up

There will be warm up in the competition and in the Kannik pool. The accreditation shown for access to the Stavanger Swimming Pool for warm up in the morning. Stavanger will be open for warm up/cool after prelims up to 15 minutes before super Kannik can also be used for cool down, until This is to ensure good warm up conditions provided, that are not too crowded, which we hope everyone will appreciate.



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Pool	Thursday	Friday	Saturday	Sunday
Stavanger Swimming Pool	17:00-20:00	07:00-08:45	07:00-08:45	07:00-08:45
Kannik	N/A	07:30-12:00	07:00-12:00	07:00-12:00

Call Room

All swimmers must meet in the call room minimum 15 minutes prior to scheduled race time for registration and check. There will be no access without accreditation. Further information will be given at the info meeting.

Meet office

Opens Thursday 23 October 17:00–20:00 hours in the lobby of Stavanger Swim hall. The Meet office is open throughout the competition, and will close within 30 minutes after the last heat in every session is done.

Meet information:

Thursday 23 October 19:00 hours in English at Stavanger Swimming Pool meeting room.

Information

For further information and inquiries, please contact Meet Director

Jone Edland, +47 920 29 657 jone.edland@stavangersvommeklubb.no (admin), or

Karl Henry Steen +47 916 25 161 (during Swim Meet)

Qualification times 2025

Women/girls					
Event	2012-2011	2010-2009	2008-2007	2006 a. o.	Para
50m freestyle	30,70	29,15	28,50	28,00	150% of WR
100m freestyle	01.08,00	01.03,00	01.01,00	01.00,00	150% of WR
200m freestyle	02.27,00	02.16,50	02.13,00	02.11,00	NA
400m freestyle	05.00,00	04.47,00	04.40,00	04.38,00	NA
800m freestyle 1500m freestyle	9.26,00 18.15,00				NA NA
50m backstroke	36,50	34,50	33,00	32,00	150% of WR
100m backstroke	01.19,00	01.12,00	01.09,00	01.08,00	150% of WR
200m backstroke	02.45,94	02.33,00	02.31,00	02.29,00	NA
50m breaststroke	40,50	38,00	36,00	35,00	150% of WR
100m breaststroke	01.28,00	01.21,00	01.19,00	01.17,00	150% of WR
200m breaststroke	03.05,00	02.54,50	02.51,00	02.47,00	NA
50m butterfly	34,50	31,70	31,00	29,50	150% of WR
100m butterfly	01.18,50	01.11,00	01:09,00	01.07,00	150% of WR
200m butterfly	03.34,36	02.46,33	02.38,20	02.37,00	NA
100m medley	01.18,50	01.12,50	01.10,00	01.09,00	150% of WR
200m medley	02.46,36	02.33,00	02.31,00	02.30,00	NA
400m medley	05:30,00				NA

Qualification times 2025

Men/boys					
Event	2012-2011	2010-2009	2008-2007	2006 a. o.	Para
50m freestyle	28,50	26,50	25,50	24,80	150% of WR
100m freestyle	01.02,00	57,00	54,00	53,00	150% of WR
200m freestyle	02.15,00	02.05,50	01.59,50	01.55,00	NA
400m freestyle	4.38,00	04.27,00	04.12,00	04.10,00	NA
800m freestyle	8.40,00				NA
1500m freestyle	16.45,00				NA
50m backstroke	33,50	31,50	29,50	28,70	150% of WR
100m backstroke	01.12,00	01.05,50	01.04,00	01.02,00	150% of WR
200m backstroke	02.30,00	02.22,50	02.21,00	02.19,00	NA
50m breaststroke	37,00	34,50	32,50	31,00	150% of WR
100m breaststroke	01.19,00	01.15,00	01.11,00	01.08,00	150% of WR
200m breaststroke	02.52,00	02.37,00	02.31,50	02.30,00	NA
50m butterfly	31,50	29,00	27,50	26,50	150% of WR
100m butterfly	01.10,00	01.04,00	01.00,00	58,00	150% of WR
200m butterfly	03.15,17	02.32,50	02.20,50	02.17,00	NA
100m medley	01.11,00	01.06,00	01.02,50	01.01,50	150% of WR
200m medley	02.30,00	02.22,00	02.17,00	02.14,00	NA
400m medley	04.51,00				NA

Friday @09.00	Event	
1	200m Medley	Women
2	200m Medley	Men
3	50m Freestyle	Women
4	50m Freestyle	Men
5	100m Breaststroke	Women
6	100m Breaststroke	Men
7	50m Backstroke	Women
8	50m Backstroke	Men
9	200m Butterfly	Women
10	200m Butterfly	Men
11	1500m Freestyle	Women
12	1500m Freestyle	Men

Saturday @09.00	Event	
13	400m Freestyle	Men
14	400m Freestyle	Women
15	100m Backstroke	Men
16	100m Backstroke	Women
17	50m Butterfly	Men
18	50m Butterfly	Women
19	100m Free	Men
20	100m Free	Women
21	200m Breaststroke	Men
22	200m Breaststroke	Women

23	4 x 50m Medley	Mixed
24	4 x 50m Freestyle	Mixed
25	400m Medley	Women
Sunday @09.00	Event	
26	400m Medley	Men
27	100m Butterfly	Women
28	100m Butterfly	Men
29	200m Backstroke	Women
30	200m Backstroke	Men
31	50m Breaststroke	Women
32	50m Breaststroke	Men
33	200m Freestyle	Women
34	200m Freestyle	Men
35	100m Medley	Women
36	100m Medley	Men
37	800m Freestyle	Women
38	800m Freestyle	Men
39	4 x 100m Freestyle	Women
40	4 x 100m Freestyle	Men

North Sea Swim Meet Records

Records, Women - SC

Event	Time	Record Holder	Club/team	Date
50m freestyle	24,25	Jeanette Ottesen	Denmark	07.11.2014
100m freestyle	52,71	Kum Busch	Netherland	03.11.2018
200m freestyle	1.55,78	Petra Granlund	Sweden	14.11.2010
400m freestyle	4.03,41	Sarah Köhler	SG Frankfurt	03.11.2019
800m freestyle	8.24,43	Malene Rypestøl	Norway	30.10.2020
1500m freestyle	16.12,34	Ada Hakkarainen	Finland	27.10.2023
50m backstroke	26,47	Ingeborg Vassbakk Løyning	Norway	30.10.2020
100m backstroke	57,86	Ingeborg Vassbakk Løyning	Norway	31.10.2020
200m backstroke	2.05,57	Kira Toussaint	Netherland	29.10.2023
50m breaststroke	29,96	Susann Bjørnsen	Norway	05.11.2017
100m breaststroke	1.05,4	Rikke Møller Pedersen	Denmark	07.11.2014
200m breaststroke	2.18,76	Rikke Møller Pedersen	Denmark	08.11.2014
50m butterfly	25,12	Jeanette Ottesen	Denmark	08.11.2014
100m butterfly	57,09	Kim Busch	Netherland	04.11.2018
200m butterfly	2.05,06	Franziska Hentke	SC Magdeburg	02.11.2018
100m IM	59,30	Marrit Steenbergen	Netherland	05.11.2017
200m IM	2.10,49	Petra Granlund	Sweden	11.11.2011
400m IM	4.35,56	Franziska Hentke	SC Magdeburg	04.11.2018

North Sea Swim Meet Records

Records, Men – SC

Event	Time	Record Holder	Club/team	Date
50m freestyle	21,31	Ari-Pekka Liukkonen	Cetus	03.11.2017
100m freestyle	47,20	Kyle Stolk	Netherland	03.11.2018
200m freestyle	1.44,41	Kyle Stolk	Netherland	04.11.2018
400m freestyle	3.41,53	Henrik Christiansen	Skjetten	04.11.2017
800m freestyle	7.46,62	Pál Joensen	Faroe Islands	07.11.2014
1500m freestyle	14.29,27	Florian Wellbrock	SC Magdeburg	02.12.2018
50m backstroke	23,78	Robert Glinta	Romania	04.11.2016
100m backstroke	51,12	Robert Glinta	Romania	05.11.2016
200m backstroke	1.52,28	Robert Glinta	Romania	06.11.2016
50m breaststroke	26,23	Nicolas Lia	Norway	29.10.2023
100m breaststroke	58,70	Alexander Dale Oen	Norway	10.11.2007
200m breaststroke	2.06,29	Erik Persson	Sweden	30.10.2022
50m butterfly	23,04	Niksja Stojkovski	Norway	31.10.2020
100m butterfly	52,05	Niksja Stojkovski	Norway	01.11.2020
200m butterfly	1.53,02	Tomoe Zenimoto Hvas	Norway	03.11.2017
100m IM	52,86	Kyle Stolk	Netherland	04.11.2018
200m IM	1.55,52	Tomoe Zenimoto Hvas	Norway	03.11.2017
400m IM	4.09,10	Tomoe Zenimoto Hvas	Norway	05.11.2017

Hotels & Accommodations

Work is underway to arrange hotel deals offering good rates on accommodation and meals, and information about this will be updated as soon as possible. Feel free to send an email to jone.edland@stavangersvommeklubb.no, and I will send you the information as soon as we have a hotel agreement in place.

King Harald Haarfagre Challenge Trophy, “Together we are better”

Statues

Inspired by King Harald Haarfagre, Rogaland Swimming District would like to acknowledge the fastest female and male team at North Sea Swim Meet. The trophy is awarded to inspire and focus on common goals, development and growth in their own team and clubs.

Statues are owned and managed by the Board of Rogaland Swimming District.

The Challenge Trophy is awarded to the winning female and male 4x100 freestyle team in the super final. In case of a tie, it is the best time in qualifying that will determine the winner. If there is still a tie, it is the best time in the first leg which determines the winner of the trophy.

King Harald Challenge Trophy can only be won by a qualified team in the super final at the annual North Sea Swim Meet, no matter where the swim meet takes place. Each winning team will get their team's name engraved on the trophy.

To inherit the trophy permanently, the same team must win the trophy three times during a decade.

Harald Hårfagre (Old Norse: Harald Hårfagr; English: Harald Fairhair), better known as Harald Hårfagre (English: Harald Fairhair), was remembered by medieval historians as the first King of Norway. According to traditions current in Norway and Iceland in the twelfth and thirteenth centuries, he reigned from c. 872 to 930.

The unification of Norway is something of a love story. His wife was a Swedish princess that resented her position and sought Gyda, the daughter of Erik, King of Hordaland, who she refused to marry Harald "before he was king over all of Norway". Harald was therefore induced to take a vow not to cut nor comb his hair until he was sole king of Norway, and when he was justified in trimming it ten years later, he exchanged the epithet "Shockhead" or "Tanglehair" (Harald Hårfagre) for the one by which he is usually known. In 966, Harald made the first of a series of conquests over the many petty kingdoms which would compose all of Norway, including Värmland county in Sweden, which had sworn allegiance to the Swedish king Erik Eymundsson. In 972, after a great victory at Hårfjord near Stavanger, Harald found himself king over the whole country.

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