



2026-03-18  
Strindheimstafetten 2026  
Resultater Offisiell



Rnk	Strn	Lag/Utøvere	Åktid	Diff
<b>G 8-10 år</b>				
1	4	Strindheim Idrettslag - Lag 7		
	4-1	r Nore Brå Beichmann		
	4-2	g Heine Eidnes		
	4-3	y Jakob Meland		
2	5	Bratsberg Idrettslag - Lag 1		
	5-1	r Halvor Rikstad		
	5-2	g Ask Sæther Arnesen		
	5-3	y Leif-Erik Vrana		
3	12	Byåsen Idrettslag - Lag 3		
	12-1	r Selmer Stjern Jaren		
	12-2	g Jakob Tronstad	+	+
	12-3	y Johannes Hov Odsæter	+	+
4	26	Byåsen Idrettslag - Lag 4		
	26-1	r Oliver Sandøy		
	26-2	g Robin Fiskvik-Killingberg	+	+
	26-3	y Niklas Lien Flaot	+	+
5	18	Byåsen Idrettslag - Lag 6		
	18-1	r Trym Lie Skjærstad		
	18-2	g Olav Rundhaug	+	+
	18-3	y Oliver Fevaag Heger	+	+
6	27	Heimdal-Ski - Lag 1		
	27-1	r Endre Hole		
	27-2	g Endre Hole	+	+
	27-3	y Theodor Bergmann	+	+
7	21	Selbu IL - Lag 2		
	21-1	r Peder Aunehaugen		
	21-2	g Marius Tuset	+	+
	21-3	y Sophie Ryszkowska	+	+
8	11	Bratsberg Idrettslag - Lag 2		
	11-1	r Magnar Rikstad		
	11-2	g Tidemand Vågen		
	11-3	y Embla-Sophie Vrana		



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Rnk	Strn	Lag/Utøvere	Åktid	Diff
9	20	Byåsen Idrettslag - Lag 2		
	20-1	r Even Hovde Øverkil		
	20-2	g Nicolai Ulsund Flaøyen	+	+
	20-3	y Asbjørn Solheim-Sætervang	+	+
9	25	Byåsen Idrettslag - Lag 5		
	25-1	r Aksel Skjæret Maroni		
	25-2	g Johannes Follestad	+	+
	25-3	y Peder Skei Rasmussen		
11	9	Strindheim Idrettslag - Lag 2		
	9-1	r Adrian Vasseljen Reginiussen		
	9-2	g Adrian Kullmann Walslag		
	9-3	y Isak Tyldum		
12	7	Ranheim Skiklubb - Lag 1 (G 8-10)		
	7-1	r Niklas Lynum Hoset		
	7-2	g Herman Helgemo		
	7-3	y Wilmer Almaas Valstad		
12	10	Byåsen Idrettslag - Lag 1		
	10-1	r Nicolai Rostad		
	10-2	g Aadne Haugerø Aagaard	+	+
	10-3	y Yngvar Rennemo		
14	19	Selbu IL - Lag 1		
	19-1	r Brage Kyllø		
	19-2	g Håkon Haave Eidem	+	+
	19-3	y Kasper Mosleth	+	+
15	6	Strindheim Idrettslag - Lag 5		
	6-1	r Helmer Vestad		
	6-2	g Jonas Aftret Ekle		
	6-3	y Aksel Barnwell-Berget		
16	3	Strindheim Idrettslag - Lag 1		
	3-1	r Vegard Fjærestad Toftaker	+	+
	3-2	g Jonas Berge Lorvik	+	+
	3-3	y Vegard Fjærestad Toftaker	+	+



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Rnk	Strn	Lag/Utøvere	Åktid	Diff
17	17	Strindheim Idrettslag - Lag 9		
	17-1	r Petter Enok Berg		
	17-2	g Helmer Baldersheim	+	+
	17-3	y Sondre Ulstad Stokland		
18	15	Byaasen Skiklub - Lag 2		
	15-1	r Didrik Rønning Berre		
	15-2	g Sverre Hakvåg Melby		
	15-3	y Konrad Hoston Enga		
19	22	Byaasen Skiklub - Lag 1		
	22-1	r Konrad Hoston Enga		
	22-2	g Magnus Vikjord Kvam	+	+
	22-3	y Emrik Eugen Trana-Amundsen		
20	16	Strindheim Idrettslag - Lag 10		
	16-1	r Even Askim-Brekken		
	16-2	g Lauritz Vågshaug Foslie	+	+
	16-3	y Iver Steen Grødal		
21	14	Strindheim Idrettslag - Lag 6		
	14-1	r Henrik Jebens		
	14-2	g Joar Bringedal Grimsbu	+	+
	14-3	y Tobias Toldnes Ramstad		
22	24	Strindheim Idrettslag - Lag 8		
	24-1	r Thomas Houge Strickert		
	24-2	g Matheo Gjerde Fossum	+	+
	24-3	y Wilhelm Resell Sandersen		
23	1	Ranheim Skiklubb - Lag 2 (Mix 8-10)		
	1-1	r Alina Skagseth		
	1-2	g Maja Faaness	+	+
	1-3	y Terje Grude Mjølhus	+	+
24	23	Byaasen Skiklub - Lag 3		
	23-1	r Olaf Oustad		
	23-2	g Erik Storsand Skjøelberg	+	+
	23-3	y Fredrik Martin Illøkken-Nesje		



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Rnk	Strn	Lag/Utøvere	Åktid	Diff
25	8	Strindheim Idrettslag - Lag 4		
	8-1	r Even Ulstad		
	8-2	g Ulrik Eieland		
	8-3	y Peter Fagerland		
	2	Strindheim Idrettslag - Lag 3		
	2-1	r Snorre Baldersheim	+	+
	2-2	g Adrian Thyve Andersen-Agersborg	+	+
	2-3	y Trygve Aarre Løset		

J 8 - 10 år

1	35	Ranheim Skiklubb - Lag 3 (J 8-10)		
	35-1	r Filippa Strand Reitan	+	+
	35-2	g Sigrid Sporsheim Larsen	+	+
	35-3	y Sonja Osen	+	+
2	39	Byåsen Idrettslag - Lag 3		
	39-1	r Eira Dahl Tyldum	+	+
	39-2	g Andrea Hansdatter Hassel	+	+
	39-3	y Matilde Hassel	+	+
3	29	Selbu IL - Lag 1		
	29-1	r Silje Eidem	+	+
	29-2	g VILDE FREMO NYPAN	+	+
	29-3	y Anna Langli	+	+
4	41	Byåsen Idrettslag - Lag 7		
	41-1	r Astrid Hov Odsæter	+	+
	41-2	g Lotte Stensø Gulling	+	+
	41-3	y Elise Huus Nordbø	+	+
5	43	Byåsen Idrettslag - Lag 8		
	43-1	r Dagny Rundhaug	+	+
	43-2	g Signe Lovisa Wik	+	+
	43-3	y Sigrid Bjerve	+	+
6	44	Byåsen Idrettslag - Lag 2		
	44-1	r Selma Olava Wik	+	+
	44-2	g Vilja Lunde Steen	+	+
	44-3	y Karoline Rake	+	+



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Rnk	Strn	Lag/Utøvere	Åktid	Diff
7	40	Byåsen Idrettslag - Lag 9		
	40-1	r Saga Lunde Steen	+	+
	40-2	g Sanna Flaathe Sandstad	+	+
	40-3	y Olivia Hjort	+	+
8	38	Byåsen Idrettslag - Lag 1		
	38-1	r Pia Fevaag Heger	+	+
	38-2	g Kaia Rake	+	+
	38-3	y Kaja Gartland	+	+
9	46	Byåsen Idrettslag - Lag 6		
	46-1	r Seva Marie Engan	+	+
	46-2	g Oline Nøvik Alvestad	+	+
	46-3	y Malin Selbæk Rønning	+	+
10	36	Byåsen Idrettslag - Lag 4		
	36-1	r Ingeborg Berg Bjørkmo	+	+
	36-2	g Edda Benum Telebond	+	+
	36-3	y Ella Janssen	+	+
11	37	Strindheim Idrettslag - Lag 2		
	37-1	r June Aftret Ekle	+	+
	37-2	g Vilma Emilia Finne	+	+
	37-3	y Julia Shestova	+	+
12	33	Selbu IL - Lag 2		
	33-1	r Tiril Ophaug	+	+
	33-2	g Tiril Renå Moen	+	+
	33-3	y Nora Hoås	+	+
13	32	Byaasen Skiklub - Lag 1		
	32-1	r Helene Wendelbo Fagerholt	+	+
	32-2	g Lykke Bøgseth Sjøli	+	+
	32-3	y Vera Aunaas Østgård	+	+
14	42	Byåsen Idrettslag - Lag 5		
	42-1	r Annie Simonsen Hoff	+	+
	42-2	g Filippa Rindal Bae	+	+
	42-3	y Othilie Minde Elveseter	+	+



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Rnk	Strn	Lag/Utøvere	Åktid	Diff
15	31	Strindheim Idrettslag - Lag 1		
	31-1	r Vera Tonstad Kleven	+	+
	31-2	g Ingrid Rørdal Ulsund	+	+
	31-3	y Hermine Bentsen Wikan	+	+
16	45	Byaasen Skiklub - Lag 2		
	45-1	r Saga Sand Dyrhaug	+	+
	45-2	g Ingeborg Thun	+	+
	45-3	y Ingrid Cornelia Tjugen Laukeland	+	+
	34	Byåsen Idrettslag - Lag 10		
	34-1	r Matilde Hansdatter Hassel		
	34-2	g Frøydis Hovde Øverkil		
	34-3	y Matilde Hansdatter Hassel		

G 11-12 år

1	65	Byåsen Idrettslag - Lag 3			20:33.1	0.0
	65-1	r Emil Alsos	6:04.5 (1)	+0.0	6:04.5 (1)	+0.0
	65-2	g Oskar Tronstad	7:40.8 (4)	+22.8	13:45.4 (1)	+0.0
	65-3	y Heine Kammen-Lier	6:47.7 (5)	+13.4	20:33.1 (1)	+0.0
2	54	Byåsen Idrettslag - Lag 5			21:08.3	35.2
	54-1	r Isac Leander Stock-Jensen	7:05.0 (7)	+1:00.5	7:05.0 (7)	+1:00.5
	54-2	g Bosse Hjort	7:18.0 (1)	+0.0	14:23.1 (2)	+37.7
	54-3	y Amund Haugerø Aagaard	6:45.1 (4)	+10.8	21:08.3 (2)	+35.2
3	52	Byåsen Idrettslag - Lag 2			21:12.7	39.5
	52-1	r håkon vagnildhaug	6:54.9 (5)	+50.4	6:54.9 (5)	+50.4
	52-2	g Peder Istad Eberg	7:41.7 (5)	+23.7	14:36.7 (4)	+51.3
	52-3	y Elian Holmvik	6:35.9 (2)	+1.6	21:12.7 (3)	+39.5
4	61	Byåsen Idrettslag - Lag 4			21:15.6	42.5
	61-1	r Aleksander Elvestad Gabrielsen	6:52.4 (4)	+47.9	6:52.4 (4)	+47.9
	61-2	g Sondre Roen Hjort	7:48.8 (7)	+30.8	14:41.3 (6)	+55.8
	61-3	y Ludvig Ekholm Svendsen	6:34.3 (1)	+0.0	21:15.6 (4)	+42.5
5	66	Byaasen Skiklub - Lag 1			22:22.1	1:49.0
	66-1	r Eivind Helgemo Furuholt	6:49.9 (3)	+45.4	6:49.9 (3)	+45.3
	66-2	g Hector Wootton Holmen	7:53.3 (8)	+35.3	14:43.2 (7)	+57.8
	66-3	y Eivind Helgemo Furuholt	7:38.8 (6)	+1:04.5	22:22.1 (5)	+1:49.0



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6	55	Byåsen Idrettslag - Lag 1	22:28.3	1:55.2
	55-1	r Emilio Almås	7:07.4 (8) +1:02.9	7:07.4 (8) +1:02.8
	55-2	g Peder Snøfugl	8:43.7 (13) +1:25.7	15:51.2 (11) +2:05.8
	55-3	y Emil Degnes Alsos	6:37.1 (3) +2.8	22:28.3 (6) +1:55.2
7	56	Strindheim Idrettslag - Lag 2	22:53.0	2:19.9
	56-1	r Jakob Aarre Løset	6:27.7 (2) +23.2	6:27.7 (2) +23.1
	56-2	g Jørgen Langseth Iversen	8:07.5 (10) +49.5	14:35.2 (3) +49.8
	56-3	y Filip Vestad	8:17.8 (11) +1:43.5	22:53.0 (7) +2:19.9
8	62	Utleira Idrettslag - Lag 1	22:58.1	2:25.0
	62-1	r Albert Solem	7:12.0 (10) +1:07.5	7:12.0 (10) +1:07.5
	62-2	g Iver Norbeck Erlandsen	7:27.0 (2) +9.0	14:39.0 (5) +53.6
	62-3	y Sebastian Rosø Johansson	8:19.0 (12) +1:44.7	22:58.1 (8) +2:25.0
9	51	Byaasen Skiklub - Lag 2	23:27.3	2:54.2
	51-1	r Sverre Johnsen-Tronhus	7:37.9 (13) +1:33.4	7:37.9 (13) +1:33.4
	51-2	g Eirik Rise Danielsen	7:38.0 (3) +20.0	15:16.0 (10) +1:30.6
	51-3	y Sverre Johnsen Tronhus	8:11.3 (10) +1:37.0	23:27.3 (9) +2:54.2
10	50	Strindheim Idrettslag - Lag 1	23:27.7	2:54.5
	50-1	r Sjur Dalen	7:14.0 (11) +1:09.5	7:14.0 (11) +1:09.5
	50-2	g Aksel Eieland	7:42.2 (6) +24.2	14:56.3 (8) +1:10.9
	50-3	y Karl Magnus Haram	8:31.3 (14) +1:57.0	23:27.7 (10) +2:54.5
11	53	Bratsberg Idrettslag - Lag 1	23:40.9	3:07.8
	53-1	r Aksel Berg-Frigård	7:16.2 (12) +1:11.7	7:16.2 (12) +1:11.6
	53-2	g Niklas Dretvik	8:37.4 (11) +1:19.4	15:53.6 (12) +2:08.2
	53-3	y Petter Pleym-Karlsaunet	7:47.2 (8) +1:12.9	23:40.9 (11) +3:07.8
12	58	Melhus Trønder-Lyn	24:22.7	3:49.6
	58-1	r Håkon Stubbsjøen	6:58.6 (6) +54.1	6:58.6 (6) +54.1
	58-2	g Martin Aspaas Kvaal	8:00.5 (9) +42.5	14:59.2 (9) +1:13.8
	58-3	y Tobias Endal	9:23.4 (18) +2:49.1	24:22.7 (12) +3:49.6
13	63	Strindheim Idrettslag - Lag 4	24:38.0	4:04.9
	63-1	r Ola Vetlesen	7:50.1 (15) +1:45.6	7:50.1 (15) +1:45.6
	63-2	g Mads Meland	9:00.8 (14) +1:42.8	16:51.0 (14) +3:05.6
	63-3	y Mikkel Tonstad Kleven	7:47.0 (7) +1:12.7	24:38.0 (13) +4:04.9



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14	49	Strindheim Idrettslag - Lag 5	24:46.5	4:13.4
	49-1	r Liam Tanem	7:45.7 (14) +1:41.2	7:45.7 (14) +1:41.1
	49-2	g Johan Venås	8:38.0 (12) +1:20.0	16:23.7 (13) +2:38.3
	49-3	y Magnus Grøtte Granlund	8:22.7 (13) +1:48.4	24:46.5 (14) +4:13.4
15	57	Selbu IL - Lag 1	26:11.4	5:38.3
	57-1	r Simen Eidem	7:54.2 (16) +1:49.7	7:54.2 (16) +1:49.6
	57-2	g William Flack Sundal	9:27.6 (17) +2:09.6	17:21.8 (15) +3:36.4
	57-3	y Peder Rønsberg Kjøsnes	8:49.6 (17) +2:15.3	26:11.4 (15) +5:38.3
16	64	Ranheim Skiklubb - Lag 4	26:37.9	6:04.8
	64-1	r Ellinor Pryde Pettersen	8:31.3 (17) +2:26.8	8:31.3 (17) +2:26.8
	64-2	g Amalie Holum Kammen	9:27.2 (16) +2:09.2	17:58.5 (16) +4:13.1
	64-3	y Emrik Lylum Hoset	8:39.3 (16) +2:05.0	26:37.9 (16) +6:04.8
17	60	Strindheim Idrettslag - Lag 3	26:48.7	6:15.5
	60-1	r Daniel Momyr	7:09.9 (9) +1:05.4	7:09.9 (9) +1:05.4
	60-2	g Adrian Theodorsen	11:29.2 (18) +4:11.2	18:39.1 (17) +4:53.7
	60-3	y Daniel Wold Johnsen	8:09.5 (9) +1:35.2	26:48.7 (17) +6:15.5
18	59	Hommelvik Idrettslag - Lag 1	27:54.2	7:21.1
	59-1	r Petter Engesbak Aasarød	10:14.1 (18) +4:09.6	10:14.1 (18) +4:09.6
	59-2	g Anton Olof Elemer Olsson	9:01.5 (15) +1:43.5	19:15.7 (18) +5:30.3
	59-3	y Iver Skjerve	8:38.5 (15) +2:04.2	27:54.2 (18) +7:21.1

J 11-12 år

1	74	Byåsen Idrettslag - Lag 3	20:56.1	0.0
	74-1	r Eline Sandøy	6:47.0 (2) +11.9	6:47.0 (2) +11.9
	74-2	g Sunniva Flåøyen	7:10.2 (1) +0.0	13:57.3 (1) +0.0
	74-3	y Torunn Mørch	6:58.7 (1) +0.0	20:56.1 (1) +0.0
2	75	Melhus - Byåsen	22:28.0	1:31.8
	75-1	r Signe Grøtheim Horghagen	7:21.5 (5) +46.4	7:21.5 (5) +46.4
	75-2	g Oda Bjørgen	7:21.8 (3) +11.6	14:43.4 (4) +46.0
	75-3	y Sigrid Brobakk	7:44.6 (3) +45.9	22:28.0 (2) +1:31.8
3	69	Selbu IL - Lag 1	22:38.5	1:42.3
	69-1	r Julie Løvseth Solem	6:54.6 (3) +19.5	6:54.6 (3) +19.5
	69-2	g Lisa Haugen Øyaseter	7:41.4 (4) +31.2	14:36.0 (3) +38.7
	69-3	y Karen Hoås	8:02.4 (5) +1:03.7	22:38.5 (3) +1:42.3



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4	70	Byåsen Idrettslag - Lag 4	23:04.4	2:08.2
	70-1	r Ellen Skei Rasmussen	7:30.7 (7) +55.6	7:30.7 (7) +55.6
	70-2	g Oda Gartland	8:01.7 (5) +51.5	15:32.4 (5) +1:35.1
	70-3	y Erle Granviken	7:31.9 (2) +33.2	23:04.4 (4) +2:08.2
5	72	Byåsen Idrettslag - Lag 1	23:41.1	2:44.9
	72-1	r Erle Granviken	6:35.1 (1) +0.0	6:35.1 (1) +0.0
	72-2	g Ingeborg Kjærsgaard Persen	9:19.2 (6) +2:09.0	15:54.3 (6) +1:56.9
	72-3	y Eline Sandøy	7:46.7 (4) +48.0	23:41.1 (5) +2:44.9
6	76	Melhus Idrettslag - Lag 1	23:50.7	2:54.5
	76-1	r Frida Michelle Magallanes Engan	7:12.9 (4) +37.8	7:12.9 (4) +37.8
	76-2	g Vilja Grøtheim Horhagen	7:17.2 (2) +7.0	14:30.2 (2) +32.8
	76-3	y Linnea Magallanes Engan	9:20.4 (6) +2:21.7	23:50.7 (6) +2:54.5
7	73	Strindheim Idrettslag - Lag 1	26:33.3	5:37.2
	73-1	r Louise Ekle Hepsøe	7:24.8 (6) +49.7	7:24.8 (6) +49.7
	73-2	g Hedda Eidnes	9:39.5 (7) +2:29.3	17:04.3 (7) +3:07.0
	73-3	y Emilie Hauge-espelien	9:28.9 (8) +2:30.2	26:33.3 (7) +5:37.2
8	71	Strindheim Idrettslag - Lag 2	27:27.8	6:31.7
	71-1	r Karoline Grøtte Stene	7:39.4 (8) +1:04.3	7:39.4 (8) +1:04.3
	71-2	g Johanne Hegre Gutvik	10:22.2 (8) +3:12.0	18:01.6 (8) +4:04.2
	71-3	y Celine Kullmann Walslag	9:26.2 (7) +2:27.5	27:27.8 (8) +6:31.7

G 13-14 år

1	84	Byaasen Skiklub - Lag 1	26:03.5	0.0
	84-1	r Elias Rygg	8:11.9 (1) +0.0	8:11.9 (1) +0.0
	84-2	g Olav Veia Monseth	9:17.9 (1) +0.0	17:29.9 (1) +0.0
	84-3	y Elias Rygg	8:33.6 (1) +0.0	26:03.5 (1) +0.0
2	86	Byåsen Idrettslag - Lag 1	28:33.7	2:30.1
	86-1	r Sverre Nordgård Leiren	8:23.9 (2) +12.0	8:23.9 (2) +12.0
	86-2	g Jakob Nordaune	11:03.5 (6) +1:45.6	19:27.5 (3) +1:57.6
	86-3	y Nilas Holmvik	9:06.1 (2) +32.5	28:33.7 (2) +2:30.1
3	82	Melhus Idrettslag - Lag 2	28:54.0	2:50.4
	82-1	r Sondre Brobakk	8:52.4 (3) +40.5	8:52.4 (3) +40.5
	82-2	g Emil Bjørgen	9:27.2 (2) +9.3	18:19.6 (2) +49.7
	82-3	y Benjamin Endal	10:34.3 (5) +2:00.7	28:54.0 (3) +2:50.4



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4	80	Byåsen Idrettslag - Lag 3	29:29.1	3:25.5
	80-1	r Julian Kristoffer Lykke	9:38.1 (4) +1:26.2	9:38.1 (4) +1:26.2
	80-2	g Jakob Stenseth	10:10.4 (3) +52.5	19:48.5 (4) +2:18.5
	80-3	y Edvart Gellein	9:40.6 (3) +1:07.0	29:29.1 (4) +3:25.5
5	85	Byåsen Idrettslag - Lag 2	30:28.4	4:24.9
	85-1	r Oskar Katterem-Olsen	9:46.2 (6) +1:34.3	9:46.2 (6) +1:34.3
	85-2	g Sander Bruvoll Martinsen	10:56.8 (5) +1:38.9	20:43.1 (6) +3:13.1
	85-3	y Sverre Nordgård Leiren	9:45.3 (4) +1:11.7	30:28.4 (5) +4:24.9
6	81	Selbu IL - Lag 1	31:38.5	5:34.9
	81-1	r Oliver Mosleth	9:40.3 (5) +1:28.4	9:40.3 (5) +1:28.4
	81-2	g Jonas Kulset	10:27.8 (4) +1:09.9	20:08.1 (5) +2:38.1
	81-3	y Simen Balstad	11:30.3 (7) +2:56.7	31:38.5 (6) +5:34.9
7	83	Melhus Idrettslag - Lag 1	32:28.6	6:25.0
	83-1	r Christoffer Estenstad Fenstad	9:51.6 (7) +1:39.7	9:51.6 (7) +1:39.7
	83-2	g Martin Åsegg Nikolaisen	11:50.8 (7) +2:32.9	21:42.5 (7) +4:12.5
	83-3	y Erlend Saltbones Leiren	10:46.1 (6) +2:12.5	32:28.6 (7) +6:25.0

J 13-14 år

1	89	Byåsen Idrettslag - Lag 4	30:26.9	0.0
	89-1	r Maja Kristina Ekholm Svendsen	9:47.6 (2) +10.8	9:47.6 (2) +10.7
	89-2	g Birka Neese-Følstad	10:48.7 (2) +0.3	20:36.3 (1) +0.0
	89-3	y Maja Kristina Ekholm Svendsen	9:50.6 (1) +0.0	30:26.9 (1) +0.0
2	95	Rørø Idrettslag - Lag 1	31:09.0	42.0
	95-1	r Thea Marie Røsten Randen	10:11.5 (5) +34.7	10:11.5 (5) +34.6
	95-2	g Anna Heksem-Langseth	10:50.3 (3) +1.9	21:01.8 (3) +25.5
	95-3	y Maria Rendal Tørres	10:07.1 (2) +16.5	31:09.0 (2) +42.0
3	90	Byåsen Idrettslag - Lag 3	32:49.1	2:22.2
	90-1	r Embla Neese-Følstad	9:55.1 (3) +18.3	9:55.1 (3) +18.2
	90-2	g Sara Melum	11:32.2 (4) +43.8	21:27.3 (4) +51.0
	90-3	y Sanna Louise Sandøy	11:21.8 (4) +1:31.2	32:49.1 (3) +2:22.2
4	96	Byåsen Idrettslag/Flatåsen IL	33:55.4	3:28.5
	96-1	r Vilde Lovise Grande Jaren	10:12.7 (6) +35.9	10:12.7 (6) +35.8
	96-2	g Elise Waaktaar Opland	11:59.1 (5) +1:10.7	22:11.8 (5) +1:35.4
	96-3	y Ylva Granviken	11:43.6 (6) +1:53.0	33:55.4 (4) +3:28.5



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Rnk	Strn	Lag/Utøvere	Åktid	Diff
5	92	Byåsen Idrettslag - Lag 2	34:05.8	3:38.8
	92-1	r Jenny Lauvstad Brenne	10:37.1 (7) +1:00.3	10:37.1 (7) +1:00.2
	92-2	g Ida Blekken	12:01.0 (6) +1:12.6	22:38.2 (6) +2:01.8
	92-3	y Olava Wesche Fossheim	11:27.6 (5) +1:37.0	34:05.8 (5) +3:38.8
6	97	Strindheim Idrettslag - Lag 1	34:27.5	4:00.5
	97-1	r Eline Fjærestad Toftaker	10:05.8 (4) +29.0	10:05.8 (4) +28.9
	97-2	g Jenny Tyldum	10:48.4 (1) +0.0	20:54.3 (2) +17.9
	97-3	y Frida Langseth Iversen	13:33.2 (8) +3:42.6	34:27.5 (6) +4:00.5
7	91	Malvik og Hommelvik IL ski	35:45.1	5:18.2
	91-1	r Mattea Lundberg Bakmark	10:54.7 (8) +1:17.9	10:54.7 (8) +1:17.8
	91-2	g Andrea Brattbakk Lyngen	12:42.6 (7) +1:54.2	23:37.4 (8) +3:01.0
	91-3	y Julie Løberg Aske	12:07.7 (7) +2:17.1	35:45.1 (7) +5:18.2
8	94	Strindheim Idrettslag - Lag 2	36:22.6	5:55.6
	94-1	r Eira Ulstad	9:36.8 (1) +0.0	9:36.8 (1) +0.0
	94-2	g Jorid Hals Stene	13:06.0 (8) +2:17.6	22:42.9 (7) +2:06.6
	94-3	y Olivia Grøtte Stene	13:39.6 (9) +3:49.0	36:22.6 (8) +5:55.6
9	93	Strindheim Idrettslag - Lag 3	37:27.2	7:00.2
	93-1	r Hedda Ulstad Stokland	11:36.2 (9) +1:59.4	11:36.2 (9) +1:59.3
	93-2	g Lydia Engen Bjørkum	14:54.6 (9) +4:06.2	26:30.9 (9) +5:54.5
	93-3	y Freya Mira Svendsen	10:56.2 (3) +1:05.6	37:27.2 (9) +7:00.2

Menn junior

1	100	Melhus Idrettslag	25:21.6	0.0
	100-1	r Iver Grøtheim Horghagen	8:22.3 (1) +0.0	8:22.3 (1) +0.0
	100-2	g William Gråbak Lian	8:20.8 (1) +0.0	16:43.1 (1) +0.0
	100-3	y Ola Adolfsen	8:38.4 (1) +0.0	25:21.6 (1) +0.0

G 15-16 år

1	101	Byåsen Idrettslag - Lag 1	25:18.4	0.0
	101-1	r Sander Krogstad Krangnes	7:36.3 (1) +0.0	7:36.3 (1) +0.0
	101-2	g Niklas Oksås Kjølstad	9:10.8 (3) +46.7	16:47.1 (2) +2.2
	101-3	y Imre Bruvoll Martinsen	8:31.2 (3) +12.0	25:18.4 (1) +0.0
2	103	Byåsen Idrettslag - Lag 2	25:43.8	25.3
	103-1	r Herman Lund Gjerde	8:20.8 (2) +44.5	8:20.8 (2) +44.5
	103-2	g Aleksander Klevset Kjellås	8:24.1 (1) +0.0	16:44.9 (1) +0.0
	103-3	y Jonathan Stjernen	8:58.9 (6) +39.7	25:43.8 (2) +25.3



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Rnk	Strn	Lag/Utøvere	Åktid	Diff
3	106	Byåsen Idrettslag - Lag 3	26:15.0	56.5
	106-1	r Joen Røe	8:41.1 (3) +1:04.8	8:41.1 (3) +1:04.8
	106-2	g Emil Nordaune	9:06.3 (2) +42.2	17:47.5 (3) +1:02.6
	106-3	y Odin Grøtheim Horghagen	8:27.4 (2) +8.2	26:15.0 (3) +56.5
4	105	Meldal Sportsklubb - Lag 1	26:55.4	1:36.9
	105-1	r Tore Min-Jae Hilstad	9:18.2 (5) +1:41.9	9:18.2 (5) +1:41.9
	105-2	g Fredrik Loe	9:17.9 (4) +53.8	18:36.2 (4) +1:51.2
	105-3	y Noah Blokkum Mardal	8:19.2 (1) +0.0	26:55.4 (4) +1:36.9
5	102	Strindheim Idrettslag - Lag 2	27:56.6	2:38.2
	102-1	r Iver Ulstad	8:50.5 (4) +1:14.2	8:50.5 (4) +1:14.2
	102-2	g Olav Ekle-Danielsen	10:09.4 (6) +1:45.3	19:00.0 (5) +2:15.1
	102-3	y Nicolai Momyr	8:56.6 (5) +37.4	27:56.6 (5) +2:38.2
6	104	Strindheim Idrettslag - Lag 1	28:30.2	3:11.7
	104-1	r Oskar Hegre Gutvik	10:01.0 (6) +2:24.7	10:01.0 (6) +2:24.7
	104-2	g Lev Shestov	9:46.1 (5) +1:22.0	19:47.1 (6) +3:02.2
	104-3	y Eirik Martin Svendsen	8:43.0 (4) +23.8	28:30.2 (6) +3:11.7

J 15-16 år

1	111	Byåsen Idrettslag - Lag 3	28:38.0	0.0
	111-1	r Irene Storler Snøfugl	9:22.6 (3) +9.0	9:22.6 (3) +8.9
	111-2	g Eira Ovesen	9:18.8 (1) +0.0	18:41.4 (1) +0.0
	111-3	y Edel Gellein	9:56.5 (3) +27.8	28:38.0 (1) +0.0
2	109	Byåsen Idrettslag - Lag 4	28:49.7	11.7
	109-1	r Olea Nissen Bache-Wiig Bjørnsen	9:13.6 (1) +0.0	9:13.6 (1) +0.0
	109-2	g Pia Halderager Ervik	10:07.3 (3) +48.5	19:21.0 (2) +39.5
	109-3	y Olea Nissen Bache-Wiig Bjørnsen	9:28.7 (1) +0.0	28:49.7 (2) +11.7
3	110	Byåsen Idrettslag - Lag 2	29:22.3	44.3
	110-1	r Victoria Holsing Kottum	9:31.0 (4) +17.4	9:31.0 (4) +17.4
	110-2	g Sigrid Lauvstad Brenne	10:14.5 (4) +55.7	19:45.5 (4) +1:04.0
	110-3	y Astrid Elvestad Gabrielsen	9:36.8 (2) +8.1	29:22.3 (3) +44.3
4	112	Byåsen Idrettslag - Lag 1	29:25.2	47.2
	112-1	r Marit Storler Snøfugl	9:16.2 (2) +2.6	9:16.2 (2) +2.6
	112-2	g Ellinor Lunde	10:06.7 (2) +47.9	19:23.0 (3) +41.5
	112-3	y Johanna Stjern Strand	10:02.2 (4) +33.5	29:25.2 (4) +47.2