Bergen Diving Club
takes great pleasure in inviting you to

Bergen Open 2026

The Norwegian Diving Adventure

30th of April – 3rd of May

Bergen, Norway

www.bergenopen.com

INVITATION

The 24rd Bergen Open Diving Competition is set to take place from Thursday, April the 30th to Sunday, May 3rd, 2026. Hosted by the Bergen Diving Club, the event will feature both Age-group and Senior diving competitions. Warm-up sessions will start on Wednesday, April 29th, for all participants, with the competition officially kicking off on Thursday, April 30th, and concluding on Sunday, May 3rd.

Place:
AdO arena
Address: Lungegårdskaien 40
5015 BERGEN

Competition will consist of:

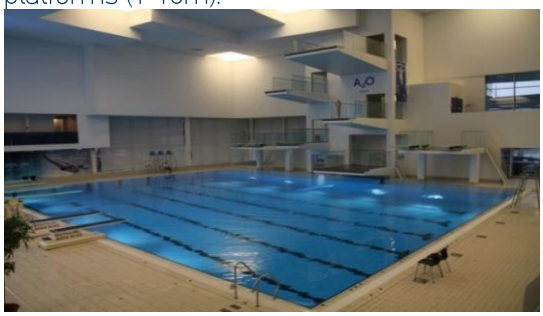
1. FINA´s Age-groups (A & B) (1-meter, 3-meter, platform)
2. Open Group (1-meter, 3-meter & 10-meter). Prelims and finals (top 8)
   (Straight finals if less than 8 divers)
3. Synchronized events (Junior and Open) on 3-meter & 10-meter.
4. C-group that consists of 3 + 3 dives from 4 different groups.

Technical Meeting:
There will be a technical meeting on Wednesday the 29th of April at 20:00 – 21:00.

Questions or additional information:
All questions must be forwarded to Paul Joachim Thorsen at the following e-mail address: post@bergenopen.com.
For faster and more accurate response you may call +47 932 99 995
There is also a special information-page on the Bergen Diving Clubs homepage concerning Bergen Open 2026: http://www.bergenopen.com

AdO arena, Bergen

The facilities at the pool:
AdO arena has 4x1 meter and 4x3 meter springboards, and full Olympic standard platforms (1-10m).



AdO arena also has a dry-land area with mats, 2x trampolines and 3x dryboards.

Program

Tuesday 28th & Wednesday 29th:

Training:	06:00 - 21:00
Technical meeting:	20:00 - 21:00

Thursday 30th:

Training:	06:00 - 09:00
Competitions:	09:00 - 21:00

Friday 1st:

Training:	07:00 - 09:00
Competitions:	09:00 - 19:00

Saturday 2nd:

Training:	07:00 - 09:00
Competitions:	09:00 - 19:00
Banquet dinner:	20:00 -

Sunday 3rd:

Training:	07:00 - 09:00
Competitions:	09:00 - 16:00

There may be some changes in the program.

Events and Series

Senior group (FINA's rules D 3)
*Women: **All heights** - Five (5) dives from different groups, without limit of degree of difficulty. (premlims and final top 8)*
*Men: **1m and 3m** – Six (6) dives from 5 different groups, without limit of degree of difficulty.. (premlims and final top 8)*
***Platform** – Six (6) dives from 6 different groups, without limit of degree of difficulty.. (premlims and final top 8)*

A-group: Born 2008, 2009 & 2010:
***1m and 3m**: FINA's A-series DAG 3.1*
(Girls 5+4 dives & Boys 5+5 dives)
***Platform**: FINA's A-series DAG 3.1*
(Girls 4+4 dives & Boys 4+5 dives)

B-group: Born 2011 & 2012:
***1m and 3m**: FINA's B-series DAG 3.2*
(Girls 5+3 dives & Boys 5+4 dives)
***Platform**: FINA's B-series DAG 3.2*
(Girls 4+3 dives & Boys 4+4 dives)

C-group: Born 2013:
***1m, 3m & Platform**:*
(Girls & Boys 3 (max dd 5,4) +3 dives from 4 different groups)

Synchronized event: Open competition
FINA's Synchronized Diving Rules D 3.6
Men 3m: 2+4 dives
Women 3m: 2+3 dives
Men 10m: 2+4 dives
Women 10m: 2+4 dives

Synchronized event: Junior competition
FINA's Synchronized Diving Rules DAG 3.1
(we allow AG-C divers in this event)
Boys 3m: 2+3 dives
Girls 3m: 2+3 dives
Boys Platform: 2+3 dives
Girls Platform: 2+3 dives

Accommodation form and Preliminary entry

Please send in the accommodation form and preliminary entry form no later than Friday the 27th of February 2026.

Final Entry

Please send in the entry form no later than Friday the 5th of April 2026.

Please send entry form to
e-mail: post@bergenopen.com

Entry Fee

The entry fee is 230 NOK per start for the individual events, and 340 NOK per pair for the synchronized event.

Late entries: Entries arriving after April 4th will be charged 460 NOK per start for the individual events, and 680 NOK per pair for the synchronized event.

All clubs must pay the entry fee BEFORE April 27th. Participating clubs will receive an invoice after sending entry-form.
All payment is in Norwegian currency!

Diving Sheets:

Bergen Open will run the DiveCalc program. You will be able to enter the divesheets online.

All sheets will be posted on the results-wall, the day before the event, and changes can be made up to 24 hours before the event starts.

Judges evaluation:

There will be judges evaluation by European Aquatics TDC at Bergen Open.

Accommodation

Booking must be done before the 27th of February 2026.
Any cancellation after this date, you may have to pay the hotel-booking in full (100%).
Invoice-payment is due by 20th of April.

NB: If teams do not book accommodation via Bergen Diving Club, there will be a 750,- NOK payment per day per person as a part of organization costs.

Zander K

850m from AdO arena
(www.zanderk.no)

The cost of accommodation and full board is as follows. (The price pr person pr day):

Single room:	1840,- NOK
Double room:	1400,- NOK
Triple room*:	1290,- NOK
4-bed room*:	1200,- NOK

**Limited availability*

Full board from Wednesday to Sunday is as follows:
This includes:
Breakfast (Thursday-Sunday) will be served at the Hotel.
Lunch (Wednesday-Sunday) will be served at AdO arena.
Dinner (Wednesday-Saturday) will be served in AdO arena.
(Dinner on Sunday can be ordered upon request)
The food is standard cantina menu.

To take advantage of these favourable prizes, please book directly to the Bergen Open Secretary by filling out the Accommodation-form and return it before 27th of February 2026.

All payment is in Norwegian currency!

Grand Terminus / Zander K

800m from AdO arena
(http://www.grandterminus.no/)

The cost of accommodation and full board is as follows. (The price per person per day):

Single room:	1950,- NOK
Double room:	1430,- NOK
Triple room*:	1340,- NOK
4-bed room*:	1220,- NOK

**Limited availability*

Full board from Wednesday to Sunday is as follows:
This includes:
Breakfast (Thursday-Sunday) will be served at the Hotel.
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Social events

Coaches evening:

On Thursday we have a special evening planned, for all the coaches, judges and leaders.

Banquet dinner:

On Saturday evening there will be a banquet dinner held in AdO arena. Here there will be entertainment and a good chance for the competitors to get to know each other better.

Special food:

If there is need for special food due to allergy or for any other reason, please let us know, and specify it in the entry form.

The City of Bergen

Founded in 1070 by King Olav Kyrre, Bergen is an international town with small-town charm and atmosphere. The inhabitants love to show off their beautiful city. They are proud of Bergen's shipping, trading and cultural traditions. The city with its 235,000 inhabitants is like a spectacular amphitheatre clambering up the mountainsides, overlooking the sea, embracing you. You can roam through living history in this modern city, the gateway to the wildest and loveliest fjords of Norway. Tradition, initiative and drive have made Bergen one of Norway's most vigorous cultural cities. It is not merely by chance that Norway's biggest cultural event, the Bergen International Festival, is held here each year, or that the town was chosen to be one of the European Cities of Culture in the year 2000. The old parts of town are living history, and the museums and galleries keep both art and the ancestral heritage alive. The Hanseatic wharf Bryggen, the Fish Market, the composer Edvard Grieg's home at Troldhaugen, Rasmus Meyer's art collection, the Aquarium and Old Bergen are just a few of the many attractions worth visiting.