

W 100m

First name	Last name	Country	Seed
Ida	Karstoft	DEN	1
Helene	Rønningen	NOR	2
Malin	Furuhaug	NOR	3
Amay Kruse	Jørgensen	DEN	4
Filippa	Sivnert	SWE	5
Sarah	Leahy	IRL	6
Christina Alba	Hafliðadóttir	ISL	7
Sofie Felicia	Murai-Ubby	NOR	8
Alma Børregaard	Ravn	DEN	9
Christine Bjelland	Jensen	NOR	10
Miranda	Lauvstad	NOR	11
Katie	Bergin	IRL	12
Fredrikke Voss	Vestergaard	DEN	13
Lea Alise	Gundersen	NOR	14
Lærke Blaabjerg	Pedersen	DEN	15
Ronja	Christophersen	DEN	16
Orla	Comerford	IRL	17
Maja Emilia	Medic	NOR	18
Aoife	Lynch	IRL	19
Iben	Carnhed	NOR	20
Dorothy Mcmanus	Ampong	NOR	21
Nora	Aune	NOR	22
Julie Ekeland	Ose	NOR	23
Una	Haukanes	NOR	24
Oda	Lier	NOR	25
Nora Jazz Werenskiold	Proctor	NOR	26
Hedda	Endsjø	NOR	27
Edel	Halle	NOR	28
Angelica	Okparaebo	NOR	29
Eline	Heia	NOR	30
Ida-Louise	Øverland	NOR	31
Marte	Aasvang	NOR	32

W 200m

First name	Last name	Country	Seed
Kinga	Gacka	POL	1
Maren Bakke	Amundsen	NOR	2
Eir Chang	Hlesdottir	ISL	3
Helene	Rønningen	NOR	4
Nikola	Horowska	POL	5
Christine Bjelland	Jensen	NOR	6
Kaitesi Auma	Ertzgaard	NOR	7
Katie	Bergin	IRL	8
Ingvild	Meinseth	NOR	9
Aino	Pulkkinen	FIN	10
Fredrikke Voss	Vestergaard	DEN	11
Marte	Pettersen	NOR	12
Kaisa Sol	Fagerland	NOR	13
Aoife	Lynch	IRL	14
Fredrikke	Lundberg	DEN	15
Hannah Rebekah	Murai-Ubby	NOR	16
Sarah	Leahy	IRL	17
Nora	Aune	NOR	18
Orla	Comerford	IRL	19
Mia Prøsch	Johnsen	NOR	20
Julie Ekeland	Ose	NOR	21
Una	Haukanes	NOR	22
Maja Emilia	Medic	NOR	23
Sara	Solli-Sæther	NOR	24
Nora Jazz Werenskiold	Proctor	NOR	25
Eline	Heia	NOR	26
Ida-Louise	Øverland	NOR	27

W 400m

First name	Last name	Country	Seed
Amandine	Brossier	FRA	1
Kinga	Gacka	POL	2
Kaitesi Auma	Ertzgaard	NOR	3
Laura Johanna	van der Veen	NOR	4
Line Safaa	Al-Saiddi	NOR	5
Amanda Marie Grefstad	Frøynes	NOR	6
Borghild Oline	Holstad	NOR	7
Milja	Thureson	FIN	8
Molly	Daly	IRL	9
Zarah	Buchwald	DEN	10
Berta	Segura	ESP	11
Lilje Lopes	Patey	NOR	12
Josephine	Thoor Dunder	SWE	13
Anna Krab	Scheibelein	DEN	14
Jeanine	Nygård	FIN	15
Jonna	Claesson	SWE	16
Mar	Segura	ESP	17
Celina	Dyhring	DEN	18
Hannah Rebekah	Murai-Ubby	NOR	19
Anne Øi Tharaldsen	Danielsen	NOR	20
Maja Brandstadmoen	Ellingsen	NOR	21
Frida	Elsness	NOR	22

W 800m

First name	Last name	Country	Seed
Soukaina	Hajji	MAR	1
Amanda Marie Grefstad	Frøynes	NOR	2
Veera	Mattila	FIN	3
Malin	Hoelsveen	NOR	4
Elena	Bello	ITA	5
Malin Ingeborg	Nyfors	NOR	6
Nora	Haugen	NOR	7
Lena	Pajecka	POL	8
Sigrid Bjørnsdatter	Wahlberg	NOR	9
Selma Alison Boesen	Skisaker	NOR	10
Nadja	Rugland	DEN	11
Ebba-Stina	Bjuve	SWE	12
Lærke	Thygesen	DEN	13
Erle Musum	Lyng	NOR	14
Josefin Victoria	Heier	NOR	15
Alva Margreth Boesen	SKISAKER	NOR	16
Sara	Busic	NOR	17
Karolina	Lozowska	POL	Pace

W 1500m

First name	Last name	Country	Seed
Anne Gine	Løvnes	NOR	1
Ingeborg	Østgård	NOR	2
Saga	Provcı	SWE	3
Marte	Hovland	NOR	4
Selma Løchen	Engdahl	NOR	5
Ilona	Mononen	FIN	6
Andrea Nygård	Vie	NOR	7
Zoe	Melhuish	AUS	8
Natalie	Millerova	CZE	9
Carla	Masip	ESP	10
Hanna	Strand	SWE	11
Lucy	Holmes	IRL	12
Ebba-Stina	Bjuve	SWE	13
Majken Soderlund	Larsson	SWE	14
Frida Bjørnstad	Konow	NOR	15
Agnes	Thundal	SWE	16
Ingrid Kilvær	Nilssen	NOR	17
Sara	Busic	NOR	18
Hilde	Brennskag	NOR	19
Oda Rosland	Gjerstad	NOR	20
Sara Yasmin	Abid	NOR	21
Kaja Holte	Fjeldstad	NOR	22
Karoline	Fantoft	NOR	23
Anzu Lovise	Kvam	NOR	24
Alexandra	Beresniewicz	POL	Pace

W 400m H

First name	Last name	Country	Seed
Eileen	Demes	GER	1
Andrea	Rooth	NOR	2
Izabela	Smolinska	POL	3
Annina	Fahr	SUI	4
Elisabeth	Slettum	NOR	5
Viola	Hambidge	EST	6
Selma	Ims	NOR	7
Linnea	Frobe	SWE	8
Daniela	Fra	ESP	9
Elise	Eikeland	NOR	10
Marlen Elisabeth Johansson	Aakre	NOR	11
Ellen	Schoug	SWE	12
Hannah	Reed	NOR	13
Maria	Biskopsto	DEN	14
Cassandra Ødegård	Nilsen	NOR	15
Mari	Skraastad	NOR	16
Tina Helen	Bergem	NOR	17

W Long jump

First name	Last name	Country
Elise Hoel	Ulseth	NOR
Elise Sandvik	Tornberg	NOR
Emilia	Kjellberg	SWE
Iben	Carnbhed	NOR
Kayla	Woods	USA
Lina	Svarlien	NOR
Malen	Kollberg	NOR
Mia Gildteig	Lien	NOR
Miranda	Lauvstad	NOR
Thale Leirfall	Bremset	NOR

W Javelin

First name	Last name	Country
Annabella	Bogdan	HUN
Beatrice	Lantz	SWE
Ellevine	Skare	NOR
Eunice	Karlson	SWE
Inga Rabben	Reimers	NOR
Jatta-Mari	Jaaskelainen	FIN
Kaja Mørch	Pettersen	NOR
Luisa	Tremel	GER
Marie-Therese	Obst	NOR
Nikol	Tabackova	CZE
Orinta	Navikaite	LIT
Rebecca	Nelimarkka	FIN
Sigrid	Borge	NOR
Sophie	Reid	SWE
Tilda	Bernhult	SWE

M 100m

First name	Last name	Country	Seed
Per Tinius	Fremstad-Waldron	NOR	1
Valentin	Jensen	NOR	2
Sike	Azu-Ironi	NGR	3
Johan	Sjölander	SWE	4
Jacob	Vaula	NOR	5
Eliah	Andersson	SWE	6
Marcus	Lawler	IRL	7
Filip	Olsson	SWE	8
Markus Le	Fjeld	NOR	9
Olivier Erik S	Lifrange	BEL	10
Elias	Persen	NOR	11
Patrick Kwizera	Bifuko	NOR	12
Mathias Hove	Johansen	NOR	13
Øyvind Strømmen	Kjerpset	NOR	14
Christian Nicholas	Wright	NOR	15
Franz Philip Pap	Holmen	NOR	16
Vegard Dragsund	Sverd	NOR	17
Sindre Klausen	Veggan	NOR	18
Kristófer	Þorgrímsson	ISL	19
Sander Werge	Nilsen	NOR	20
Andreas Solheim	Sollid	NOR	21
Mark Daniel	Reyes	NOR	22
Espen	Ulriksen	NOR	23
Philip	Reed	NOR	24
Jonathan	Holen	NOR	25
Albin Muhumuza Lydersen	Botez	NOR	26
Sander Steen	Myrvang	NOR	27
Håvard Pedersen	Botterli	NOR	28
Johan Le	Fjeld	NOR	29
Even	Pettersen	NOR	30
Tobias	Windjusveen	NOR	31
Mads Gravråk	Hjort-Larsen	NOR	32
Christian	Øydne	NOR	33
Theodore Einar	Fremstad-Waldron	NOR	34
Nikkolaj	Gulbrandsen	NOR	35

M 200m

First name	Last name	Country	Seed
Kenny Emi	Tijani-Ajayi	NOR	1
Christopher Ekene	Nordlie	NOR	2
Riku	Illukka	FIN	3
Marcus	Lawler	IRL	4
Zion	Eriksson	SWE	5
Linus	Pihl	SWE	6
William	Trulsson	SWE	7
Eljas	Aalto	FIN	8
Richard Parwon	Dahn	NOR	9
Christian Nicholas	Wright	NOR	10
Øyvind Strømmen	Kjerpeset	NOR	11
Franz Philip Pap	Holmen	NOR	12
Mathias Hove	Johansen	NOR	13
Olivier Erik S	Lifrange	BEL	14
Sondre Faugstad	Amundsen	NOR	15
Even	Meinseth	NOR	16
Einar Johannes	Rye	NOR	17
Andreas Solheim	Sollid	NOR	18
Elias	Persen	NOR	19
Mads Gravråk	Hjort-Larsen	NOR	20
Philip	Reed	NOR	21
Patrick Kwizera	Bifuko	NOR	22
Kristoffer	Persen	NOR	23
Jonathan	Holen	NOR	24
Espen	Ulriksen	NOR	25
Isak	Gamst	SWE	26
Theodore Einar	Fremstad-Waldron	NOR	27
Vegard	Kyseth	NOR	28
Leonardo	Martinez Espineira	NOR	29
Håvard Pedersen	Botterli	NOR	30
Christian	Øydne	NOR	31
Sander Steen	Myrvang	NOR	32
Alexander Løvik	Nyheim	NOR	33
Nikkolaj	Gulbrandsen	NOR	34

M 400m

First name	Last name	Country	Seed
Ciaran	Carthy	IRL	1
Eemeli	Valimaki	FIN	2
Fredrik Haavardtun	Gullachsen	NOR	3
Leon Samuel Douglas	Mjaaland	NOR	4
Hugo	Kjellander	SWE	5
Alvin	Reinebo	SWE	6
Viljami	Kaasalainen	FIN	7
Jeroen	Person	SWE	8
Simeon	Vorselman	FIN	9
Filip	Herre	SWE	10
Andreas	Linder	SWE	11
Tobias	Johansen	NOR	12
Jonas	Grüner-Mørck	NOR	13
Kjartan	Bjarnason	ISL	14
Franz Philip Pap	Holmen	NOR	15
Christian Nicholas	Wright	NOR	16
Aiden Floyd	Vincent	NOR	17
Teodor	Klerefors	SWE	18
Casey Ferdinand	Felde	NOR	19
Nick	Ekelund-Arenander	SWE	20
Daniel	Hanstveit	NOR	21

M 800m

First name	Last name	Country	Seed
Jamie	Phillips	GBR	1
Cilian	Kirwan	IRL	2
Uku Renek	Kronbergs	EST	3
Edmund du	Plessis	RSA	4
Samuel	Pihlström	SWE	5
Sigurd	Tveit	NOR	6
Benjamin	Åberg	SWE	7
Luca	Thompson	NOR	8
Markus	Westhagen	NOR	9
Andreas	Fantoft	NOR	10
Edvin	Hagberg	SWE	11
Jonas	Magnusson	SWE	12
Oliver	Asikainen	FIN	13
Rasmus	Kisel	EST	14
Kjetil Brenno	Gagnås	NOR	15
Victor	Wahlgren	SWE	16
Sondre Søgård	Lehmann	NOR	17
Vilmer	Karlsson	SWE	18
Alexander	Nyström	SWE	19
Kevin	Bodén	SWE	20
Lars	Hauge	NOR	21
Theo	Helleberg	SWE	22
Syver	Røinaas	NOR	23
Aron Mathisen	Askim	NOR	24
Phillip	Morken	NOR	25
Mikkel Feldborg	Nielsen	DEN	26
Lars	Kongssund	NOR	27
Jonas Hole	Sletten	NOR	28
William Holm	Høva	NOR	29
Sebastian	Brunsdon	NOR	30
Robin Wathne	Nedrehagen	NOR	31
Michael	Hansson	SWE	32
Linus Christian	Bernhard	NOR	33
Mathias	Hoelsveen	NOR	34
Sander	Rustad-Johansen	NOR	35
Tord	Andresen	NOR	36
Thomas	Iversen-Skoge	NOR	37
Sigurd Egeland	Valseth	NOR	38
Lucas	Linder	SWE	39
Johan	Lamm	SWE	40
Johannes	Dalland	NOR	41
Sondre	Svarholt	NOR	42
Gustav	Liebing	DEN	43
Skjalg	Kongssund	NOR	44
Abedin	Mujezinovic	BIH	Pace

M 5000m

19:25 - heat 1

First name	Last name	Country	Seed
Khavaquiah	Rasmusen	DEN	19
Elias Haugen	Torjussen	NOR	20
Kasper	Sørli-Reininger	NOR	21
Marcus	Rølling	DEN	22
Stian	Hoelgaard	NOR	23
Magnus Hauge	Øyen	NOR	24
Jeppe Sjølin	Andersen	DEN	25
Jakob Lund	Frisk	DEN	26
David Ormstad	Meier	NOR	27
Atle Wendel	Scheie	NOR	28
Arve Moen	Listaul	NOR	29
Andreas Habtamu	Fossan	NOR	30
Adrian	Monkvik	NOR	31
Jens Petter	Bergerud	NOR	32
Waldemar	Knygh-Rossdal	NOR	33
Axel Gutterød	Dabe	NOR	34

22:12 - heat 2

First name	Last name	Country	Seed
Andreas Fjeld	Halvorsen	NOR	1
Vegard Vesterhaug	Warnes	NOR	2
Filip Mangen	Ingebrigtsen	NOR	3
Sondre Nordstad	Moen	NOR	4
Jonathan	Grahn	SWE	5
Fredrik	Sandvik	NOR	6
Mathias	Flak	NOR	7
Philip Storm Regbo	Gulbrandsen	NOR	8
Aleksander Hauge	Øyen	NOR	9
Joakim Skjæggestad	Mohn	NOR	10
Martin Sølvberg	Tjelle	NOR	11
Endre Berg	Leiren	NOR	12
Even Brøndbo	Dahl	NOR	13
Theodor Berre	Jacobsen	NOR	14
Trym Halvard Sagstuen	Tønnesen	NOR	15
Lukas	Buncic	NOR	16
Nicolay	Andersen	NOR	17
Sondre Taugbøl	Lomeland	NOR	18
Bakr	Ettayebi	NOR	Pace
Åsmund Sunde	Førde	NOR	Pace

M Long jump

First name	Last name	Country
Marius Bull	Hjeltnes	NOR
Niklas	Wall	SWE
Samuel	Ekelund	SWE
Simen	Gimnes	NOR
Sindre	Veggan	NOR
Thomas Viksaas	Biermann	NOR
Tshishimbi Nissi	Kongolo	NOR
Vegard Dragsund	Sverd	NOR

M Hammer throw

First name	Last name	Country
Adam	Kelly	EST
Eivind	Henriksen	NOR
Henri	Lipola	FIN
Lars	Wolfisberg	SUI
Mema	Markelo	ALB
Michail	Anastasakis	GRE
Thomas	Mardal	NOR
Truls Engen	Olsen	NOR