

LILLEHAMMERLEKENE 2025							
Tidsskjema fredag 20. juni							
	200m	1500m	Stav	Slegge	Liten ball	Spyd	Kule
13:00				Alle			
14:00							
14:30							
15:00	J9				J/G6-8		
15:05	J10						
15:10	J11						
15:15	J12						
15:20							
15:25	J13						
15:30							
15:35	J14						
15:40					J9-10		
15:45							
15:50	G9						
15:55	G10						
16:00			J15-KS				J12
16:05	G11						
16:10					G9-10		
16:15	G12						
16:20							
16:25	G13						
16:30							
16:35	G14						J10-11
16:40							
16:45	J15					G11-12	
16:50							
16:55	J16						
17:00							
17:05	G15						
17:10							
17:15	G16		G15-MS			G13-14	G10-11
17:20							
17:25	KS						
17:30	7 heat						
17:35							
17:40							
17:45							
17:50							
17:55							
18:00	MS					J11-12	G12
18:05	15 heat						
18:10							
18:15							
18:20							
18:25							
18:30							
18:35							
18:40						J13	
18:45							
18:50							
18:55							
19:00							
19:05							
19:10							
19:15		J13-14				J14	
19:20							
19:25		J15-KS 1					
19:30		J15-KS 2					
19:40		G13-14					
19:50		G15-MS 1					
20:00		G15-MS 2					
20:10		G15-MS 3					

LILLEHAMMERLEKENE 2025

Tidsskjema søndag 22. juni

	100m	600m	800m	Høyde 1	Lengde 1	Lengde 2	Diskos	Spyd	Kule
10:30	J13			G10	J12	J10	G13-14		
10:35									
10:40									
10:45	J14								
10:50									
10:55									
11:00	G15								
11:05									
11:10	G16								
11:15							G15-16		
11:20	G13								
11:25									
11:30	G14				G13	J11			
11:35									
11:40	J15								
11:45				J13-14					
11:50	J16								
11:55									
12:00	KS						G17-MS		
12:05	7 heat								
12:10									
12:15									
12:20									
12:25									
12:30	MS					J/G6-8			
12:35	12 heat								
12:40									
12:45					G14		J17-KS		
12:50									
12:55									
13:00									
13:05									
13:10									
13:15	Finaler								
13:20	J13								
13:25	J14								
13:30	G13			G11-12					J13
13:35	G14								
13:40	J15								
13:45	J16					J/G9			
13:50	G15								
13:55	G16								
14:00	KS				G15-16				
14:05	7 heat								
14:10									
14:15									
14:20									
14:25									
14:30	MS								J14
14:35	12 heat								
14:40									
14:45									
14:50									
14:55									
15:00									
15:05									
15:10									
15:15				J15-KS					
15:20									
15:25									
15:30						MS			J15-16
15:35	J10-11								
15:40	J12								
15:45	J13								
15:50	G10								
15:55	G11								
16:00	G12								G15-MS
16:05	G13								
16:10									
16:15			J14						
16:20			G14						
16:25			J15-KS						
16:30			4 heat						
16:35									
16:40									
16:45			G15-MS						
16:50			4 heat						