

Estimated Time Schedule

Stavanger SK

Stavanger

Friday 23 th oktober 2026 kl. 09.00 – 2 oldest classes + para**Fredag 23. oktober 2026 kl. 09.00**

Event 1. 200m Medley, Women	09.00
Event 2. 200m Medley, Men	09.08
Event 3. 50m Freestyle, Women	09.16
Event 4. 50m Freestyle, Men	09.23
Event 5. 100m Breaststroke, Women	09.32
Event 6. 100m Breaststroke, Men	09.39
Event 7. 50m Backstroke, Women	09.50
Event 8. 50m Backstroke, Men	09.58
Event 9. 200m Butterfly, Women	10.06
Event 10. 200m Butterfly, Men	10.12
Event 12. 800m Freestyle, Men	10.21
Event 13. 4*50m Freestyle, Mixed	10.30
Slutt	10.47

Friday 23 th oktober 2026 - 12.00 – 2 youngest classes**Fredag 23. oktober 2026 kl. 09.00**

Event 1. 200m Medley, Women	12.00
Event 2. 200m Medley, Men	12.13
Event 3. 50m Freestyle, Women	12.22
Event 4. 50m Freestyle, Men	12.33
Event 5. 100m Breaststroke, Women	12.43
Event 6. 100m Breaststroke, Men	12.58
Event 7. 50m Backstroke, Women	13.06
Event 8. 50m Backstroke, Men	13.23
Event 9. 200m Butterfly, Women	13.37
Event 10. 200m Butterfly, Men	13.48
Slutt	14.05

Friday 23 th oktober 2026 -17.00- Finals

200m Medley, Women - Superfinal	17.00
200m Medley, Men - Superfinal	17.04
<i>Premieutdeling 200m IM, damer</i>	<i>17.07</i>
50m Freestyle, Women - Para	17.10
<i>Premieutdeling 200m IM, herrer</i>	<i>17.12</i>
50m Freestyle, Men - Para	17.16
<i>Premieutdeling 50m fri, damer - HC</i>	<i>17.17</i>
50m Freestyle, Women - B-Final	17.20
50m Freestyle, Women - Superfinal	17.22
<i>Premieutdeling 50m fri, herrer - HC</i>	<i>17.23</i>
50m Freestyle, Men - B-Final	17.26
50m Freestyle, Men - Superfinal	17.28
<i>Premieutdeling 50m fri, damer</i>	<i>17.29</i>

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100m Breaststroke, Women - B-Final	17.32
100m Breaststroke, Women - Superfinal	17.35
<i>Premieutdeling 50m fri, herrer</i>	<i>17.37</i>
100m Breaststroke, Men - B-Final	17.41
100m Breaststroke, Men - Superfinal	17.44
<i>Premieutdeling 100m bryst, damer</i>	<i>17.46</i>
50m Backstroke, Women - Para	17.50
<i>Premieutdeling 100m bryst, herrer</i>	<i>17.52</i>
50m Backstroke, Men - Para	17.56
<i>Premieutdeling 50m rygg, damer - HC</i>	<i>17.58</i>
50m Backstroke, Women - B-Final	18.02
50m Backstroke, Women - Superfinal	18.05
<i>Premieutdeling 50m rygg, herrer- HC</i>	<i>18.06</i>
50m Backstroke, Men - B-Final	18.11
50m Backstroke, Men - Superfinal	18.14
<i>Premieutdeling 50m rygg, damer</i>	<i>18.15</i>
200m Butterfly, Women - Superfinal	18.19
<i>Premieutdeling 50m rygg, herrer</i>	<i>18.22</i>
200m Butterfly, Men - Superfinal	18.26
<i>Premieutdeling 200m butterfly, damer</i>	<i>18.29</i>
<i>Premieutdeling 200m butterfly, herrer</i>	
Event 11. 1500m Freestyle, Women	18.33
Event 12. 800m Freestyle, Men	18.52
4*50m Freestyle, Mixed - Superfinal	19.03
<i>Premieutdeling 4x50m fri, mixed</i>	<i>19.06</i>
Slutt	19.09

Saturday 24 th oktober 2026 – 09.00-2 oldest classes + para

Event 14. 400m Freestyle, Women	09.00
Event 15. 400m Freestyle, Men	09.10
Event 16. 100m Backstroke, Women	09.28
Event 17. 100m Backstroke, Men	09.34
Event 18. 50m Butterfly, Women	09.44
Event 19. 50m Butterfly, Men	09.51
Event 20. 400m Medley, Women	10.00
Event 21. 400m Medley, Men	10.06
Event 22. 200m Breaststroke, Women	10.11
Event 23. 200m Breaststroke, Men	10.20
Event 24. 100m Freestyle, Women	10.32
Event 25. 100m Freestyle, Men	10.42
Event 26. 4*50m Medley Relay, Mixed	11.00
Slutt	

Saturday 24 th oktober 2026 – 12.00-2 youngest classes

Event 14. 400m Freestyle, Women	12.00
Event 15. 400m Freestyle, Men	12.11
Event 16. 100m Backstroke, Women	12.26

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Event 17. 100m Backstroke, Men	12.38
Event 18. 50m Butterfly, Women	12.47
Event 19. 50m Butterfly, Men	12.58
Event 20. 400m Medley, Women - Finals	
Event 21. 400m Medley, Men - Finals	
Event 22. 200m Breaststroke, Women	13.07
Event 23. 200m Breaststroke, Men	13.25
Event 24. 100m Freestyle, Women	13.41
Event 25. 100m Freestyle, Men	14.00

Slutt

Saturday 24 th oktober 2026 -17.00- Finals

400m Freestyle, Women - Superfinal	17.00
400m Freestyle, Men - Superfinal	17.06
<i>Premieutdeling 400m fri, damer</i>	<i>17.11</i>
100m Backstroke, Women - B-Final	17.14
100m Backstroke, Women - Superfinal	17.17
<i>Premieutdeling 400m fri, herrer</i>	<i>17.19</i>
100m Backstroke, Men - B-Final	17.22
100m Backstroke, Men - Superfinal	17.25
<i>Premieutdeling 100m rygg, damer</i>	<i>17.27</i>
50m Butterfly, Women - Para	17.31
<i>Premieutdeling 100m rygg, herrer</i>	<i>17.33</i>
50m Butterfly, Men - Para	17.37
<i>Premieutdeling 50m butterfly, damer - HC</i>	<i>17.39</i>
50m Butterfly, Women - B-Final	17.43
50m Butterfly, Women - Superfinal	17.45
<i>Premieutdeling 50m butterfly, herrer - HC</i>	<i>17.46</i>
50m Butterfly, Men - B-Final	17.50
50m Butterfly, Men - Superfinal	17.52
<i>Premieutdeling 50m butterfly, damer</i>	<i>17.53</i>
200m Breaststroke, Women - Superfinal	17.57
<i>Premieutdeling 50m butterfly, herrer</i>	<i>18.01</i>
200m Breaststroke, men - Superfinal	18.05
<i>Premieutdeling 200m bryst, damer</i>	<i>18.08</i>
100m Freestyle, Women - B-Final	18.12
100m Freestyle, Women - Superfinal	18.15
<i>Premieutdeling 200m bryst, herrer</i>	<i>18.17</i>
100m Freestyle, Men - B-Final	18.21
100m Freestyle, Men - Superfinal	18.24
<i>Premieutdeling 100m fri, damer</i>	<i>18.26</i>
<i>Premieutdeling 100m fri, herrer</i>	
Event 20. 400m Medley, Women	18.28
Event 21. 400m Medley, Men	18.34
4*50m Medley Relay, Mixed - Superfinal	18.41
<i>Premieutdeling 4*50m LM, mixed</i>	<i>18.44</i>
Slutt	18.47

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Sunday 25 th oktober 2026 kl. 09.00 – 2 oldest classes + para

Event 27. 100m Butterfly, Women	09.00
Event 28. 100m Butterfly, Men	09.06
Event 29. 200m Backstroke, Women	09.14
Event 30. 200m Backstroke, Men	09.21
Event 31. 50m Breaststroke, Women	09.32
Event 32. 50m Breaststroke, Men	09.38
Event 33. 200m Freestyle, Women	09.47
Event 34. 200m Freestyle, Men	09.57
Event 35. 100m Medley, Women	10.09
Event 36. 100m Medley, Men	10.18
Event 38. 1500m Freestyle, Men	10.29
Event 39. 4*100m Freestyle, Women	10.48
Event 40. 4*100m Freestyle, Men	11.04
Slutt	11.27

Sunday 26 th oktober 2026 - 12.30– 2 youngest classes

Event 27. 100m Butterfly, Women	12.30
Event 28. 100m Butterfly, Men	12.41
Event 29. 200m Backstroke, Women	12.48
Event 30. 200m Backstroke, Men	13.05
Event 31. 50m Breaststroke, Women	13.15
Event 32. 50m Breaststroke, Men	13.26
Event 33. 200m Freestyle, Women	13.35
Event 34. 200m Freestyle, Men	13.49
Event 35. 100m Medley, Women	14.00
Event 36. 100m Medley, Men	14.14
Slutt	14.22

Sunday 25 th oktober 2026 -16.00- Finals

100m Butterfly, Women - B-Final	16.00
100m Butterfly, Women - Superfinal	16.03
100m Butterfly, Men - B-Final	16.06
<i>Premieutdeling 100m butterfly, damer</i>	<i>16.08</i>
100m Butterfly, Men - Superfinal	16.12
<i>Premieutdeling 100m butterfly, herrer</i>	<i>16.14</i>
200m Backstroke, Women - Superfinal	16.18
<i>Premieutdeling 100m butterfly, herrer</i>	<i>16.21</i>
200m Backstroke, men - Superfinal	16.26
<i>Premieutdeling 200m rygg, damer</i>	<i>16.29</i>
50m Breaststroke, Women - Para	16.33
50m Breaststroke, men - Para	16.36

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<i>Premieutdeling 50m bryst, damer - HC</i>	<i>16.38</i>
50m Breaststroke, Women - B-Final	16.42
50m Breaststroke, Women - Superfinal	16.45
<i>Premieutdeling 50m bryst, herrer - HC</i>	<i>16.46</i>
50m Breaststroke, Men - B-Final	16.50
50m Breaststroke, Men - Superfinal	16.52
<i>Premieutdeling 50m bryst, damer</i>	<i>16.53</i>
200m Freestyle, Women - Superfinal	16.57
<i>Premieutdeling 50m bryst, herrer</i>	<i>17.00</i>
200m Freestyle, Men - Superfinal	17.04
<i>Premieutdeling 200m fri, damer</i>	<i>17.07</i>
100m Medley, Women - B-Final	17.11
100m Medley, Women - Superfinal	17.14
<i>Premieutdeling 200m fri, herrer</i>	<i>17.16</i>
100m Medley, Men - B-Final	17.20
100m Medley, Men - Superfinal	17.23
<i>Premieutdeling 100m IM, damer</i>	<i>17.25</i>
<i>Premieutdeling 100m IM, herrer</i>	
Event 37. 800m Freestyle, Women	17.28
Event 38. 1500m Freestyle, Men	17.37
4*100m Freestyle, Women - Superfinal	17.56
4*100m Freestyle, Men - Superfinal	18.02
<i>Premieutdeling 4*100m fri, damer</i>	<i>18.07</i>
<i>Premieutdeling 4*100m fri, herrer</i>	
<i>Slutt</i>	<i>18.10</i>